

ALOO GOBI [G, F] 18^{.5}
Cauliflower & potatoes in curry

BHENGAN BHARTA [G, F] 18
Eggplant in curry sauce

DAL MAHARANI [G, F] 18
Lentils in a savoury curry sauce

MIXED VEGETABLES [G, F] 18
Vegetables in curry

BHINDI BHAJI [G, F] 19
Okra & vegetables in curry

PANEER PURJI [G] 19^{.5}
Indian cheese & peas in curry

DRINKS

ASSORTED POP CANS 3

PERRIER SPARKLING WATER 5

ASSORTED JUICE 6

MASALA CHAI 4^{.5}

PLAIN, SWEET OR SALTY LASSI 5^{.5}

MANGO LASSI OR MILKSHAKE 6

CHEF DON'S EXCLUSIVES \$23 SERVED WITH RICE OR NAAN [G]

TANDOORI WILD SALMON MASALA
Marinated fish and vegetables in curry

TANDOORI RIBS
Marinated baby back pork ribs

SIDE ORDERS

NAAN
Plain/Garlic 3^{.5}/4^{.5}
Chili Cheese, Aloo Masala 8
Peshwari 8

OTHER BREADS
Papadum/Roti/Bhatura 1/2/3^{.5}

YOGURT
Plain/Raita 4/5^{.5}

RICE
Plain/Pilau 3^{.5}/4^{.5}

PICKLE (Mango, Lime or Carrot) 1^{.5}

CHUTNEY (Mango, Mint, Tamarind) 2

INDIAN SALAD 8

SIDE OF ONIONS 3



Essence Of India
A true taste of India's finest

**40367 Tantalus Road
Garibaldi Highlands
Squamish, BC
V0N 1T0
604-898-1000**

DINE IN & TAKE OUT
Delivery via DIRECT DELIVERY available

**D – DAIRY FREE
F – DAIRY FREE ON REQUEST
G – GLUTEN FREE**

**PRICES SUBJECT TO CHANGE WITHOUT NOTICE
TAXES ARE NOT INCLUDED**

APPETIZERS

PAKORAS	
Vegetable [D, G]	8
Paneer [G]	12
Chicken or Fish	15
ONION BHAI [G, D]	8
PAPRI CHAT	8
ALOO TIKKI	8
VEGETABLE SAMOSAS	6
With Chana Masala	12
KEBOBS (Chicken or Lamb) [G, D]	8
TANDOORI WINGS [G]	12
TIKKA (Chicken or Paneer) [G]	18

MAIN DISHES

SERVED WITH RICE OR NAAN

MASALA [G]	
Meat cooked with vegetables in curry	
Chicken or Paneer	20
Lamb	21
Fish or Prawn	22
TANDOORI CHICKEN [G]	
Half/Full	20/28
BUTTER CHICKEN [G]	20
CHANA MASALA [G, D]	18

VINDALOO

Meat & vegetables cooked with coconut milk & vinegar in a curry sauce

Chicken [G] or Veggie	20
Lamb or Goat [G, D]	21
Prawn or Fish [G, D]	22

CURRY [G, D]

Meat served in curry

Chicken	20
Lamb or Goat	21
Prawn or Fish	22

CHILI [G]

Meat or paneer cooked with vegetables in curry

Paneer or Veggie	20
Chicken	20
Lamb or Goat	21
Prawn or Fish	22

SAAG

Meat cooked with spinach & mustard leaves

Chicken [G]	20
Lamb or Goat [G, F]	21
Prawn [G, F]	22

KEEMA [G, F]

Ground meat & vegetables in curry

Chicken	20
Lamb	21

KORMA [G]

Meat or vegetables cooked in a creamy curry sauce (HAS NUTS)

Vegetable	18
Chicken	20
Lamb or Goat	21
Prawn	22

BIRYANI

Rice cooked in curry sauce with vegetables, almonds and raisins (NO EXTRA RICE/NAAN)

Vegetable [G, F]	19
Chicken [G]	21
Lamb or Goat [G, F]	22
Prawn [G, F]	24

ROGANJOSH [G] **21**

Lamb or goat in yogurt, cream, coconut milk and curry

CHICKEN or PANEER TIKKA MASALA **21**

Chicken or paneer & vegetables in a creamy curry sauce [G]

SHAHI PANEER [G] **19⁵**

Indian cheese in a tomato cream sauce

PALAK

Vegetables or Indian cheese cooked in curried spinach

Aloo or Chana [G, F]	18⁵
Paneer [G]	19⁵

KEEMA KOFTA [G]

Dumplings in a creamy curry sauce

Chicken	20
Lamb	21

MALAI or PALAK KOFTA [G] **19⁵**

Vegetable dumplings in creamy sauce or curried spinach

MUTTER [G]

Indian cheese or potatoes in curry

Aloo	18⁵
Paneer	19⁵